

CONFERENCE FEE

PROFESSIONALS:

\$95.00 before September 15th
\$110.00 after September 15th
All Purchase Orders add \$15.00

PARENTS AND GUARDIANS:

\$25.00

Coffee and Lunch Included

Make Checks Payable to: SCCCMH

(Saratoga Co. Citizens Committee for Mental Health)

Mail to:

Beverly Lazar, LCSW
Saratoga County
Mental Health Clinic
211 Church Street
Saratoga Springs, New York 12866
518-584-9030

E-mail: conferenceythserv@yahoo.com

Name: _____

Agency: _____

Address: _____

Phone: _____

E-Mail: _____

Cancellation Policy: Refunds minus \$15 processing fee will be granted if notified within 72 hours. No refunds possible without this notification.

Non-Profit Org.
U.S. Postage
PAID
Saratoga Springs NY
Permit # 69

**SCCMH - YOUTH CONFERENCE
PO BOX 820
SARATOGA SPRINGS, NY 12866**



**From Chaos to Calm-
Emotional Regulatory Healing
Responses to
Violence and Trauma**

Juli Alvarado, MA, LPC, NCC

October 18, 2012

8:30-5 pm.

8 am. Registration

Knights of Columbus Hall
50 Pine Road
Saratoga Springs, New York

**SPONSORED BY:
SARATOGA COUNTY CITIZENS
COMMITTEE FOR MENTAL HEALTH
(SCCMH)
and
THE YOUTH SERVICES TEAM OF
SARATOGA COUNTY MENTAL HEALTH
CLINIC**

Conference Overview

Childhood maltreatment and the resulting manifestation of that trauma is one of the most prevalent conditions in childhood mental health today. Emotional regulatory dysfunction and disorders of attachment affect children in homes, schools, the child welfare and juvenile justice systems. Emotional regulatory and attachment challenges often continue to go unrecognized, misunderstood or mistreated. This can lead to poor mental health, social, academic, legal and placement outcomes for these vulnerable youth. It is difficult to find solutions in traditional therapy and traditional parenting methods. We do not want to continue to perpetuate the problem.

This training will highlight:

- Understanding the experience of early childhood trauma and what makes these children more difficult.
- Recognition, assessment and treatment of the manifestations of regulatory and attachment challenges.
- Learning how to use the paradigm of Emotional Regulatory Healing at home, in the classroom and in clinical settings.
- How we can build our individual expertise as professionals and professional parents in emotional regulation in order to teach children how to regulate their emotions. “Children can become only as regulated as we are.”
- Learning the difference between emotional regulatory responses and non-regulatory responses.
- How we can increase safety, permanency and stability in the lives of vulnerable children.
- How we can maintain compassion for children who have a hard time relating to others.
- Neurological functioning, brain capacity, trauma and repair.
- How to help children heal and not just change.

About the Presenter



In 2004, Juli Alvarado, MA, LPC, NCC brought together her passion, personal experience, clinical expertise and emotionally charged speaking ability to create ***coaching for LIFE***. ***coaching for LIFE*** works consciously to create non-violent, emotionally safe organizations, institutions, communities and families. In over two decades of time, Juli and her staff have been dedicated to strengthening healthy attachment.

Juli Alvarado is a parent to more than 60 children (4 of these through birth). In addition, she is an executive serving for child welfare, mental health, institutional care settings, and inpatient psychiatric units in both the private and public sector. She is an advocate for Trauma Informed Practices.

Juli Alvarado is inspiring and motivating agencies, conference participants, families and communities around the globe toward Emotional Regulatory Healing. She has created clinical programs, management and leadership initiatives and organizational structures based in ancient healing paradigms and grounded in the most recent research in neurosciences, attachment and trauma. Her magical blend of integrative healing and capacity to capture an audience have resulted in an ever growing consulting firm now serving 3 countries and from coast to coast in the United States.

Who Should Attend?

Any professional or parent who supports children with challenging social, emotional and behavioral presentations. This workshop will provide a deeper understanding of why challenging children are challenging and how to effectively respond, whether at home, in school or in treatment.

- Psychiatrists/ Psychologists/Social Workers
- Therapists/Play Therapists/Family Therapists
- Parents and Caretakers
- Residential Counselors
- Teachers/School Professionals
- Child Welfare Workers/Adoption Caseworkers
- Family Court Judges, Law Guardians, Attorneys
- Early Childhood Developmental Specialists

Program Schedule

8:00-8:30 Registration

8:30 AM - 11:30 PM

Introduction of trainer and audience

Introduction to Emotional Regulatory Healing

Regulation/Trauma/Attachment

Regulatory Healing Paradigm

Review of Brain Development

Neurophysiology of Trauma

11:30 AM - 12:30 PM - Lunch

12:30 PM - 5:00 PM

Principles of Emotional Regulatory Healing -ERH

Emotional Regulatory Therapy

Emotional Regulatory Parenting

Application of Model

Role Play/Case Consultation/Question-Answer

FOR FURTHER INFORMATION

CONTACT:

Beverly Lazar, LCSW

518-584-9030

conferenceythserv@yahoo.com

DIRECTIONS:

From I-87 take Exit 13N, merge onto US-9

Toward Saratoga Springs

4.4m turn left onto Washington St. /NY29

(Corner with Starbucks)

1.5m turn left onto Pine Rd

Left into Parking Lot.

50 Pine Rd.

Knights of Columbus Hall